



Escola d'Art d'Olot



Generalitat de Catalunya
**Departament
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SCULPTURE WORKSHOP 2

PLASTER RELIEF. Casting hands and objects.

PLASTER RELIEF SCULPTURE. Casting hands and objects.



This workshop explores sculpture processes, modelling clay by impressing hands and objects, and also it's an approach to mold making techniques.

It is a good art activity for all skill levels, developing creativity, self-recognition, symbology and different concepts to learn and work.

Working with self-recognition and identity.

Before start the activity, we have to find a theme or idea. Our concept to work will be:

OBJECTS AND IDENTITY. This theme can be work in different levels.

We will ask at the participants next phrases : - who am I ? which are my fauorite objects? or think about a special memory, or develop self portrait with your hand and objects.

Step by step:

1. We have to choose one or more objects, which represented us or objects which are important for us. (Keys, ropes, tools, chains, lace clothe...)
2. Imagine a composition linking your hands with the objects, the position of the hands should have a meaning. We will impress the objects and the hands into the clay.
3. Prepare a flat layer of clay 2,5 cm. thick.

4. Define the area where you want to work.
5. Press your hand, one or both, or your fingers, into the clay layer, trying to get the position you have previously though. **PRESS STRONGLY.**
6. Take the objects and press them into the clay layer, following your idea, you can also print them into the handprints.



7. Create four walls around the pressed composition into the clay. The walls have to be joined with American Tape. (you can also use, plastic sheets, or cardboard).
8. Prepare the plaster of paris, and pour it into the box or formwork until arrive to 2,5 cm thick. Introduce a hook wire into the plaster before it sets.



9. Wait until the plaster sets. Carefully turn upside down the casting and retrieve the clay slowly and carefully.
10. Clean the plaster and get the result.



List of tools and materials.

- Shoe box or pieces of wood
- Clay
- Plaster of paris
- Water
- Bowl to mix the plaster
- Objects to stamp
- Wire

